

St. Luke's Lenten Opportunities Part 1

The Episcopal Church all across New England is labelled Province I. It includes seven dioceses, i.e., the six New England states, with Western Massachusetts divided from eastern Massachusetts to form its own diocese. The entire Province is sharing a common Lenten program for the third year in a row. It is described in the information sheet accompanying this notice.

The program is called THE SERMON ON THE MOUNT: ON EARTH AS IN HEAVEN.

Here are some ways to use it.

First, search on your computer for "Green Mountain Abbey." That will take you to a page offering the Sermon on the Mount as the meditation tool.

FOR INDIVIDUAL OR SINGLE HOUSEHOLD PRACTICE TO LIVE INTO IN LENT 2026

1. Page one of that tool offers a link to a daily devotion emailed to you every day.

2. JOINING A WIDER GROUP ON ZOOM.

Beginning on the Thursday after Ash Wednesday, Feb. 19, and every Thursday from 6 to 7:45 PM until April 1. Each session will be followed by Compline, "good night prayer" if you will. During Holy Week, the Thursday session will be held on Wednesday, April 1. Please advance register for the series by Email communities@diovermont.org

3. Local group -St. Luke's Reading Group we will share an easily-read little book....titled "Do Not Judge Anyone: Desert Wisdom for a Polarized World" by Isaac Slater, a monk of the Abbey of the Genesee in New York. It is VERY HELPFUL reading in our present world and national atmosphere. We will read at our own pace on Sundays after coffee hour. Bruce has copies of the book and can obtain one for you.

4. Join some locals to begin the day with Morning Prayer from about 7:30 AM to 7:55 AM on Monday, Friday, or Saturday. At around 7:25 AM join using ZOOM Workplace with this meeting ID: 810 6595 7453. The pass code is 2021.

Our local parishioner Meredith Wagner is always part of this group, as are Bruce MacDuffie and Joann Erenhouse. (also regulars are some folks who have attended St. Luke's a number of times: Scott Meiller of Kill Devil Hill, NC; John & Priscilla Lorand of

Mt Pleasant, Michigan; Peder and Linda Halverson of Gretna, Virginia.) Come to it whichever of those three days you are able. Or all of them!